GCMA Code: PP-BPF-IND-0198 Dated: 07/08/2023

References

1. National Institutes of Health, Office of Dietary Supplements. Multivitamin/mineral supplements - Health Professional Fact Sheet. Bethesda (MD): U.S. Department of Health & Human Services; updated 2020 Mar

24 [Accessed on 2023 Mar 17]. Available from: https://ods.od.nih.gov/factsheets/MVMS-HealthProfessional/#:~:text=Taking%20a%20basic,exceeding%20the%20UL.

2. Becosules Capsules LPDBCC112022

3. Becosules Z LPDBCZ112022

4. Becosules Performance LPDBPE062023

5. Chen, X., Yang, D., Li, L., & Feng, Y. (2011). Myo-inositol improves insulin resistance in patients with PCOS: a randomized controlled trial. Gynecological Endocrinology, 27(11), 953-956. [Accessed on 2023 Mar

17] Available from: https://www.tandfonline.com/doi/abs/10.3109/09513590.2011.650660?

journalCode=igye20#:~:text=Previous%20studies%20have%20demonstrated%20that%20MYO%20is%20capable%20of%20restoring%20spontaneous%20ovarian%20activity%2C%20and%20consequently%20

fertility%2C%20in%20most%20patients%20with%20PCOS.

6. The National Library of Medicine, National Center for Biotechnology Information. Inverse Association Between Serum Vitamin B12 Concentration and Obesity Among Adults in the United States [Internet].

[Accessed on 2023 Mar 17]. Available from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6610317/#:~:text=In%20a%20large%20nationally%20representative%20sample%20of%20U.S.

%20adults%2C%20higher%20serum%20vitamin%20B12%20levels%20were%20inversely%20associated%20with%20obesity.

%20Further%20investigation%20is%20needed%20to%20understand%20the%20underlying%20mechanisms.

7. Becosules Women LPDBW062023

Footer: Pfizer Mandatories

BECOSULES PERFORMANCE SUMMARY OF PRODUCT INFORMATION

Before recommending, please refer to the full product information of BECOSULES PERFORMANCE

Generic name: Essential Minerals, Amino-Acids and Vitamins with Natural Extracts Capsules. ®Trademark Proprietor: Pfizer Products Inc., USA. Licensed User: Pfizer Limited, India. Brand name of product:

BECOSULES ® PERFORMANCE ® Trademark Proprietor: Pfizer Products Inc., USA, Licensed User: Pfizer Limited, India.

COMPOSITION:

Each serving /1.160 g (one soft gelatin capsule) contains approximately:

Choline Bitartrate 25 mg, Methionine 22 mg, Glutamic Acid 20 mg, Lysine 19.6 mg, Cysteine 5 mg, L-Carnitine 5mg, Ginseng Extract Powder 21.25 mg, Citrus Bioflavonoids 12.5 mg, Green Tea Extract 10 mg,

Carotenoids (Beta-carotene, Lutein and Zeaxanthin) as mixed carotenoids 10% Dispersion 5 mg, Garlic Powder 2 mg, Lycopene 10% Dispersion 2 mg, Vitamin C 25 mg, Niacinamide 15 mg, Vitamin E 9.09 mg,

Pantothenic Acid 4.5 mg, Vitamin B1 1mg, Vitamin B2 1 mg, Vitamin B6 0.5 mg, Vitamin A 480.48 mcg, Vitamin K 55 mcg, Folic Acid 50 mcg, Biotin 30mcg, Vitamin D3 200 IU, Vitamin B12 0.5 mcg, Zinc 11 mg, Iron

10 mg, Potassium 10 mg, Chloride 9.07 mg, Manganese 4 mg, Calcium 3.86 mg, Copper 1.7 mg, Iodine 150 mcg, Chromium 50 mcg, Selenium 40 mcg, Molybdenum 40 mcg. HEALTH RECOMMENDATION: During

certain physiological and pathological conditions including stress, the body'sneed for micro- and macro-nutrients may not be met by diet alone. Becosules Performance helps to bridge the gapbetween the body's

requirement and the dietary intake. The ingredients of Becosules Performance may have arole in improvement of general weakness and fatigue resulting from oxidative stress on body, decreased immunityor

imbalance in stress hormones. Recommended Usage: One capsule daily NOT RECOMMENDED IF: Allergy(hypersensitivity) to any ingredients of Becosules Performance. ADDITIONAL INFORMATION: Excessive

intake ofvitamins A and D can lead to hypervitaminosis A and D respectively. Caution should be exercised whensupplements containing vitamin K are administered in individuals on anti-coagulant therapy like

warfarin and othercoumarin derivatives, as vitamin K could make warfarin less effective. In such situations, the consumer should takethe guidance of their treating physician. Riboflavin in Becosules Performance may

color the urine yellow. Iron inBecosules Performance may give black coloration to faeces. Consult your doctor in case you are pregnant, lactatingor taking any other medicine. Food supplements are not known to

impair the ability to drive or use machinery. Theactive ingredients in Becosules Performance are all nutrients normally available in the diet. There is very littleobserved and documented evidence of undesirable effects

with these ingredients (except iron) in the quantityrecommended for the product. LPD version: LPDBPE062023

BECOSULES ® PERFORMANCE ®Trademark Proprietor: Pfizer Products Inc., USA, Licensed User: Pfizer Limited, India

Full product information available on request. Kindly consult your Physician for more details

Pfizer Breakthroughs that change patients' lives

Pfizer Limited,